



AUTISM RESOURCES

Family Flyer- June 2023

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➤ Family Resources

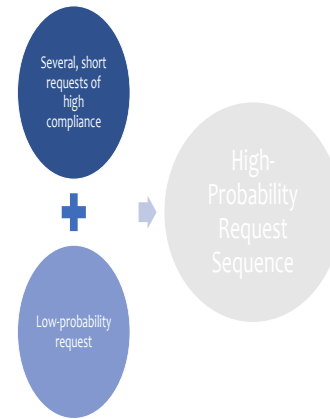
As you look ahead to the summer months, it is important that you feel supported in your continued efforts with your child. Here are some family resources that may be helpful with support, workshops, advocacy, etc.:

- Delaware Department of Education Autism Resources Workgroup: Email- Autism.Resources@doe.k12.de.us
- Your child's teacher, principal, or other Special Education team member
- Parent Information Center of Delaware: <https://picofdel.org/resources/>
- Who Is Eligible for Special Education: <https://picofdel.org/resource/questions-families-often-have-about-special-education/>
- Birth to Three Delaware's Early Intervention System for Toddlers and Infants: <https://picofdel.org/resource/birth-to-three-delawares-early-intervention-system-for-infants-and-toddlers/>
- Autism Delaware Resources Directory: <https://www.delautism.org/resources-directory/>
- Autism Speaks Parent's Guide to Autism: <https://www.autismspeaks.org/tool-kit/parents-guide-autism>
- Delaware Department of Education: www.doe.k12.de.us
- Centers for Disease Control and Prevention: www.cdc.gov/ncbddd/autism
- Organization for Autism Research (OAR): <https://researchautism.org/how-we-help/families/resources/>

➤ Strategy Spotlight: High Probability Sequence Request

What is a High-Probability Sequence?

- A “High P” request is a strategy in which a child is given several, short, easy requests immediately before a request that is more difficult, or one that the child would likely not comply with.
- Easy requests should be:
 - One that the child knows how to do
 - One that the child will comply with easily



How to Use the High-Probability Request Sequence?

- Identify a low-p request that our child engages in escape or challenging behaviors when asked to comply with
- Make a list of high-p requests your child will engage in without hesitation or non-compliance
 - Motor movements- “clap your hands”
 - Verbal responses- “say your name”
- Present 2-5 high-p requests before the low-probability request
- Reinforce high-probability requests after each response
- Reinforce low-probability compliance immediately with a powerful reinforcer
- Be sure to ignore all non-compliance

Example

<u>High-P Request</u>	<u>High-P Request</u>	<u>Low-P Request</u>
Ask child, “Give me a high five.” Then you say, “Nice high five!”	Ask child, “Clap your hands.” Then you say, “Good job clapping your hands!”	Ask child, “Put on your shirt.” Then you say, “Awesome job putting on your shirt,” with a piece of candy.

What is the outcome of using the High-Probability Request Sequence?

